



Metro Women's Network

Des Moines, Iowa

October 2018

Next Meeting: Thursday, October 18

Mama Lacona's

3825 121 St.

Urbandale

515.270.0022



Entrees:

- 6 oz. top sirloin with mashed potatoes and chef's veggies OR
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- Chicken saltimbocca with sage, prosciutto, sautéed mushrooms, and artichokes OR
-
- Charbroiled salmon with coconut rice and mango salsa OR
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- Eggplant Parmesan over spaghetti

Dessert: Choice of tiramisu or bread pudding with caramel sauce.

All served with tossed salads, assorted bread, and non-alcoholic beverages.

Cash bar.

Annual Membership Drive – Bring your friends!

Carole Chambers, President & CEO
West Des Moines Chamber of Commerce

Chambers was selected by the West Des Moines Chamber of Commerce Board of Directors to become its fourth president and CEO and is responsible for the overall leadership and strategic development of the chamber, its membership, programs and oversight of all operational, financial and visioning aspects of the chamber.



Prior to this appointment, Chambers was Director of Strategic Partnerships for the Business Record, and was employed in several executive management roles for Business Publications Corporation from 2002 to 2017. One of her first assignments in 2002, was to launch DSM Magazine and its inaugural DSM unveiling party in 2003. (continued on page 3)

RSVP before Monday noon, 10/15, at www.mwniowa.org/calendar. Dinner fee is \$30. Guests are \$35.



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SOME PONDERINGS

Christmas is coming! We all give money to charities every year so others may have a brighter holiday. The only drawback to that is we're sort of removed from the end recipients. A few years ago, a department in my company did something different. Rather than give money to a charity, they took the money they would have given and bought some Visa gift cards. Each person in the department got one, and they were to find an opportunity to "pay it forward." The stories they told of paying it forward made me reach for the box of tissues ... like the young father in worn clothes really studying the prices of the diapers, and when the gift card was given to him stating with relieved excitement, "This time I can get the BIG box of diapers." Or the elderly gentleman carefully watching the total on the register each time an item of medicine or food was scanned. When he was given a card, he had tears in his eyes as he stated the medicine was for his wife and now he could get his medicine also. (Oh, dear, I just had to reach for a tissue again!) The members of the department said this act really changed their outlook at Christmas. Many were going to make this a part of their own family Christmases so the kids could learn the joy of paying it forward.

Come to the October 18th meeting and hear our speaker Carole Chambers talk about paying it forward. We'll have good food at Sam & Gabe's. We'll have good company. We'll hear a wonderful speaker. RSVP at www.mwniowa.org/calendar before 10/15.

Joyce Whipps
President

P.S. Be thinking about nominations for Woman of the Year meeting in January.

Going for it!

Remember, if you attend all MWN meetings in 2018 (including our holiday social), you may win a free membership for next year! Anyone who comes to all scheduled meetings throughout the year will have her name put into a drawing at our December gathering. The winner gets a free membership for 2019. Let's do it!

Check out our Facebook page at <https://www.facebook.com/MWNiowa/>.

Check out our website at www.mwniowa.org



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Carol Chambers (continued)

Over the years, Chambers has been involved in many board posts including the West Des Moines Chamber board where she served as its chair and assisted in the incubation of the West Des Moines Leadership Academy. Her passion for developing leaders is also evident through her work launching Community Connect, a GDMLI metro-wide mentoring initiative. She is also a founding member of *MOI*sson, a female-based organization designed for leadership development and cross-generational mentoring among women. She has served on NAWBO and Upper Iowa University's Business Advisory Boards.

Her most ardent passion is mentoring young professionals – particularly women who many not have internal champions within their workplace. Chambers was the driving force behind the 2018 launch of Metro-wide Mentoring for Women, a citywide speed mentoring event for women which was held simultaneously by 12 chambers of commerce in seven different venues.

Chambers has been active on several committees of the Iowa Association of Business and Industry; including its annual conference planning committee and membership committee. She also serves as exhibit co-chair for the Iowa Women Lead Change (IWLC) fall conference and has served on this committee since 2011. Chambers was selected by the Business Record as a 2018 Woman of Influence.

An active member of St. Francis of Assisi Catholic Church, West Des Moines, Chambers volunteers as a Eucharistic minister and serves on the Homeless & Hungry committee through its Connection Café and Central Iowa Shelter and Services programs. Chambers is married to Tom, her husband of 39 years. They have three grown children. Chambers loves gardening, reading, relaxing with family and friends at their Lake Okoboji cottage and spending time with her six grandkids, Madison, Hayden, Autumn, Christian, Luke and Emerson.

Upcoming meetings:

October 18

December 6 (first Thursday)

Mark your calendars for the rest of the year! We hope to see you at all of them!

Why not invite a friend to the next MWN meeting and share this fun



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More Interesting Stuff

Memberships can be completed at <http://www.jotform.us/form/91801357671> or in person at our meeting!

Guest, Dues, and Attendee Policy Guests may attend for \$35. Membership annual dues (\$40 by check or pay pal) cover the year of 2018 (January thru December). New members joining after January will pay a prorated amount for the rest of the year. Reservations made but not attended will be expected to pay the dinner fee.



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The officers for 2018:

President: Joyce Whipps
Vice President: Maureen Mitchell
Secretary: Chris Duncan
Treasurer: Barb Hawbaker
At large: Anna Bradley, Janet Seeberger

Also, serving on the Programs committee are Connie Blodgett and Sherri Johnson. Lois O'Donnell will remain on newsletter/publicity.

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Have your card here next month! Give one to Lois O'Donnell at the next meeting.



Metro Women's Network

MWN Steering Committee Minutes

Call to Order: Called by Joyce Whipps at Keg Stand, October 4, 2018 5:30pm

I.Attendance: Joyce Whipps, Maureen Mitchell, Sherri Johnson, Lois O'Donnell, Chris Duncan

II. Program Report

October 18th Annual Membership Meeting, Carole Chambers- Pay Forward, Mama Lacona's

December 6th Social, Sarah Grant Founder and owner of Sticks to tell her story at Sticks

January 17th Woman of the Year, Hilton Garden Inn

February 21 Eileen Wixted from Wixted and Company speaking of strategic and crisis communication

March 21 Dr. Andrew Nish on nutrition

III. Old Business

We viewed the new website and talked about some suggestions.

We discussed some options for Charity of the year. We narrowed them down to Dorothy's House, Child Serve, and Food Bank of Iowa. We will vote at October meeting.

VI.Next steering meeting will be November 1

V. Meeting adjourned by Joyce Whipps at 6:30pm

Minutes taken by Chris Duncan, Secretary



Metro Women's Network

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