



# Metro Women's Network

Des Moines, Iowa

August 2018

## Next Meeting: Thursday, August 16

**Urbandale Golf &  
Country Club**  
**4000 86th St.**  
**276-5496**



**Entrees:**

- Filet of Beef with baked potato, veggie medley OR
- Chicken DeBurgo with baked potato, veggie medley OR
- Salmon, grilled & baked with rice pilaf, veggie medley OR
- Cheese Tortellini with basil/olive oil/garlic bread

Dessert - Strawberry Shortcake

All served w/tossed salads (ranch, Italian, French), bread/rolls, non-alcoholic beverages (except soda pop) and dessert

**RSVP before Monday noon, 8/13, at [www.mwniowa.org/calendar](http://www.mwniowa.org/calendar). Dinner fee is \$30. Guests are \$35.**

## Kristi Knous, President, Community Foundation of Greater Des Moines

Kristi Knous serves as the President of the Community Foundation of Greater Des Moines. Kristi is a Chartered Advisor in Philanthropy and is responsible for all Community Foundation operations and donor



relations, and provides leadership in identifying and addressing issues key to the sustainability, viability and livability of the community. Kristi is an Iowa native and graduate of Iowa State University with her undergraduate degree and Drake University with a Masters of Public Administration and a Certificate in Business Management.

In 2015, Kristi received the Forty Under 40 Alumnus of the Year Award from the Business Record. In 2003, she was named to its class of Forty Under 40. Kristi received the 2012 MPA Distinguished Alumna Award for Outstanding Community Service from Drake University. In 2010, the Des Moines Business Record recognized and celebrated Kristi's business and community leadership by naming her a Woman of Influence.

Join us to hear about her "90 ideas in 90 minutes" program and relationship/success building.



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## SOME PONDERINGS

Hi, all!

It's that time of year (again) for the great Iowa State Fair. But, I cannot say why anyone would call it "fair." It's one of the best events of the year and far beyond fair. It's even on the list of 1,000 Things to Do Before You Die. So, do you love the fair ... or not? If so, what are your favorite things?

I love to check out the butter cow each year, not because it's the best piece of sculpture I've ever seen, and not even different from last year. It's because it's "ours" and Iowa is proud to have the consistent representative of farming, art, and practical product all wrapped up into one piece. It's something we can rely on being there year after year and makes us feel good. The new "extra" carvings are fun, too, and add to the attraction.

Our August speaker, Kristi Knous, will tell us about the Community Foundation of Greater Des Moines and what is important to them. She was part of the "90 ideas in 90 minutes" event and will expound on those ideas. Come and join us for a delightful evening at the Urbandale Golf and Country Club and a delicious meal, as we decide what is "fair" and what is "great." I think MWN is pretty great – is that fair?

### Going for it!

Remember, if you attend all MWN meetings in 2018 (including our holiday social), you may win a free membership for next year! Anyone who comes to all scheduled meetings throughout the year will have her name put into a drawing at our December gathering. The winner gets a free membership for 2019. Let's do it!

Check out our Facebook page at <https://www.facebook.com/MWNiowa/>.

Check out our website at [www.mwniowa.org](http://www.mwniowa.org)



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***Can we do our own version of "90/90" in a 10/10 format?***

*What 10 ideas do you have to improve working conditions or employee relationships in the workplace? Give yourself 10 minutes to see what you come up with.*

*Here are mine (off the top of my retired head):*

- 1. Have a philosophy to treat everyone with respect ... and do it.*
- 2. Offer employees some extra benefits they don't expect ... and that have some positive impact on their lives (days off, no time charged for doctor appointments, \$\$)*
- 3. The top brass need to interact with the employees ... and show interest ... and participate!*
- 4. Encourage employees to engage with their community ... and pay the fees for them to join groups, etc.*
- 5. Pay more (take some of that money that's currently going to the top 10 percent).*
- 6. Give employees more vacation and help them use it.*
- 7. Stop having so many meetings!!*
- 8. Help employees get promotions within the company.*
- 9. Keep employees advised of how their role aided their successes ... and reward them for it.*
- 10. Help employees succeed!!! Whatever it takes!!!*

*Lois O*

**Upcoming meetings:**

August 16

September 20  
(East Village)

October 18

December 6 (first  
Thursday)

Mark your calendars for the rest of the year!  
We hope to see you at all of them!

*Why not invite a friend to the next MWN meeting and share this fun with someone!*



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More Interesting Stuff

Memberships can be completed at <http://www.jotform.us/form/91801357671> or in person at our meeting!

**Guest, Dues, and Attendee Policy** Guests may attend for \$35. Membership annual dues (\$40 by check or pay pal) cover the year of 2018 (January thru December). New members joining after January will pay a prorated amount for the rest of the year. Reservations made but not attended will be expected to pay the dinner fee.



## The officers for 2018:

President: Joyce Whipps  
Vice President: Maureen Mitchell  
Secretary: Chris Duncan  
Treasurer: Barb Hawbaker  
At large: Anna Bradley, Janet Seeberger

Also, serving on the Programs committee are Connie Blodgett and Sherri Johnson. Lois O'Donnell will remain on newsletter/publicity.

M. Mandy Houk  
EXECUTIVE DIRECTOR/  
PUBLISHER

mandy@mmmedia.org  
515.650.0569

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Each Office Is Independently Owned and Operated.

Have your card here next month! Give one to Lois O'Donnell at the next meeting.



# Metro Women's Network

## MWN Steering Committee Minutes

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### Metro Women's Networking Steering On-line Meeting Minutes

I. Call to Order - Called by: Joyce Whipps, August 1, 2018

II. Open Issues

a. Treasurers Report - Reported by: Barb Hawbaker; Account balance: \$1,412.17

b. Programs Report - Reported by: Connie Blodgett, Sherri Johnson

August 16<sup>th</sup> Urbandale Golf and Country Club

Kristi Knous, President of Community Foundation of Greater Des Moines will discuss workplace appreciation and touch on '90 ideas in 90 minutes', a program she was part of with other prominent city and company leaders. Please request early RSVP's (before Monday if possible) as they order food at 8am Monday.

September 20 is the Gals Night Out in combo with Stoddard downtown East Village- We need to make sure that emails are sent out in enough time to rsvp, especially for freebees. No formal meeting.

October 18 we'll be at Sam and Gabe's for annual membership meeting. Don't have a speaker yet. Need to consider giveaways.

Still bouncing around ideas for December-any ideas?

On January 17<sup>th</sup>, we'll be at Hilton Garden Inn in West Des Moines

c. Publicity/ newsletter -Reported by Lois O'Donnell

Updated our website for next dinner meeting venue. Also sent Facebook message via our MWN page. Will send first email invite this week and prepare newsletter as soon as possible (sill need steering minutes and Prez letter) Will send two or three more emails before the meeting. I am continuing to pay \$39/month for our jotform services. Would like to have a remedy for this cost and process since our new website won't be ready as soon as we had hoped. I'm watching for a website refresher course to take to get new ideas, maybe through community ed.

III. New Business: Next meeting will involve updates on the new website.

IV. Next steering meeting: September 6

Minutes taken by Chris Duncan, Secretary



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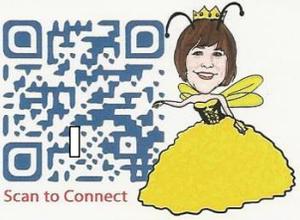
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**Barb Osier Breeser**  
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www.goldenopenings.com

**Maureen Mitchell**  
Consultant

12320 Twana Drive  
Urbandale, IA 50323

515-991-3839  
momitchell@gmail.com

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**Jenifer L. Mercer-Klimowski, JD, CPCU®, AIC**  
SENIOR VICE PRESIDENT, CORPORATE COUNSEL & SECRETARY

jmercer-klimowski@emcnl.com  
P 515.237.2203 C 515.490.3539  
P 800.232.5818 F 515.237.2283

www.EMCNationalLife.com

699 Walnut Street, Suite 1100 | Des Moines, IA 50309  
P.O. Box 9202 | Des Moines, IA 50306-9202