



September 2014

## Next meeting: Thursday, September 18



### September Meeting: Fun, Fun & Shopping!

Take time on September 18 to attend “Girls’ Night in the Village.” We will not have a standard MWN meeting that night. We are going to party with 500 of our closest friends in East Village! [Click](#) for more information.

In collaboration with UnityPoint (John Stoddard) and others, we were invited to register at their website to enjoy networking, have hors d’oeuvres, and shop at the fun stores in East Village that evening. Check out the GNitV site: <https://www.unitypoint.org/desmoines/girls-night-in-the-village.aspx>.

Meet at the Historical Building around 5:30 pm on 9/18. Meet up with your MWN pals, meet some new friends, and dine on the free food and beverages provided! Then, head for your favorite shopping destination. Some may want to go to a restaurant for some dinner. It will be a great time!

Even if you didn’t get registered earlier, you can join up with us and have a great time shopping and being together. Invite your friends and relatives to come, too! It’s an excellent time to see the shops and restaurants if you haven’t been to East Village.

**Learn, laugh, shop. Let’s have a ball at Girls’ Night Out and enjoy a great fall evening in East Village!**

Our “Woman of the Year” meeting is October 16 at Sam and Gabe’s. Be sure to attend this great annual event. It’s a wonderful way to honor a special woman from the Des Moines area for her efforts. Thanks!



# LETTER FROM THE PRESIDENT

September 2014

## *Letter from the President*

What a beautiful time of year! The kids have gone back to school, and summer is coming to a close. The air is starting to feel crisp and clean. Soon, the trees will be changing color, and the scenery will be amazing. If only the color lasted longer.

The Iowa temperatures are unpredictable, but the seasons are sure to change. Some may seem shorter or longer than we may want, but they are sure to come. Fall, I think, goes much too fast. Sometimes, it seems, it turns into winter much too quickly. So, enjoy every day, because winter will be here before we know it.

One thing you can do for fun is come to Girls Night Out in the Village on September 18<sup>th</sup> in place of our regular dinner meeting. We will be meeting at the Historical Building, see our friends, stroll through the shops, eat something in the East Village, have a drink or two, and support a good cause. And it's free. Read more about it in the newsletter.

Hope to see you there! ---- Janet



*Who would like to serve on next year's steering committee? We will elect new officers and determine new chairpersons at our January meeting.*

*If interested, please advise any member of this year's committee (see names, below).*

*It's a fun way to network and make new friends!*

*Learn more at: <http://mwniowa.org/steering/>.*

## **2014 Officers:**

President: Janet Seeberger

Vice President: Becky Patton-Quigley

Secretary: Casey Polk

Treasurer: Sus Sweitzer

(and Diana Dubuisson)

Programs: Connie Blodgett and

Roxanne Morrow

Newsletter: Lois O'Donnell

At large: Barb Hawbaker, Lara Utter

*Do you know anyone who would like to join Metro? Simply pass this link to them: <http://jotform.us/form/91801357671> or, even better, ask them to come to our next meeting!*

# INTERESTING STUFF

September 2014

## Woman of the Year ... October Meeting

For over 30 years, MWN has celebrated a special woman each year for her efforts. Do you remember who have been some past recipients?

- 2013: Christina Moffatt, owner of Crème Cupcake & Dessert and participant in The Food Network's Cupcake Wars
- 2012: Claudia Henning, Coordinator of the West Des Moines Youth Justice Initiative
- 2011: Dr. Aimee Beckmann-Collier, Professor of Conducting and Director of Choral Studies at Drake University.
- 2010: Kathy Leggett, Director of Advocacy and Outreach, Blank Children's Hospital.
- 2009: Jacqueline Easley, Director, Community & Diversity Services, Mercy Medical Center
- 2008: Carol Ann Kirkbride, Trainer of Leader Dogs
- 2007: Dr. Rizwan Shah, Medical Director of Regional Child Protection Center at Blank Children's Hospital
- 2006: Angie Anderson, Pet Visitation Programs and Humane Education, bunny expert at the Animal Rescue League of Iowa
- 2005: Miriam Erickson Brown, President and COO of Anderson Erickson Dairy
- 2004: Dr. Patty Quinlisk, Public Health educator and State Epidemiologist
- 2003: Jan Drees, First Principal of the Downtown School and Director of Business Education Alliance
- 2002: Diana Findley, Creator and Director of Iowa Caregivers Association
- 2001: Chris Branstad, Prior First Lady of Iowa and wife of Terry Branstad (ex-Governor at the time)
- 2000: Evelyn Jobe Villines, Executive Director of Development at Lutheran Hospital and Director of Client Assistance Program for Easter Seals Society of Iowa, Inc. Served on President Clinton's Committee for Purchases from People Who are Blind or Severly Disabled



Whom else do you recall? How long have you been a member? Perhaps, you can remember some from prior decades? *Please join us on October 16 for our 2014 Woman of the Year celebration!*

Remember – you can use PayPal when signing up for our dinner meetings! It's fast and efficient ... and safe. You can use PayPal for the membership fees, too, if you wish. It's another way we try to support our members with this convenience.

Visit our website: [www.mwniowa.org](http://www.mwniowa.org)

# MORE INTERESTING INFORMATION

September 2014

## MWN Meeting Dates for 2014

Mark your calendars now!

### Business/Dinner Meetings

September 18 – Girls’ Night in the Village!  
October 16 - Woman of the Year celebration at Sam and Gabe’s.  
November - no meeting.  
December 4 - holiday social meeting.

### Steering Committee Meetings

October 2 - email

November 6

December - none (holiday social only).

All members are welcome to attend steering meetings.

## Dues news for 2014

It was decided members will pay their dues of \$40 in January for the entire year.\* That way, the treasurer does not need to track expiration dates for everyone. For 2014, members who are “paid ahead” will pay a lesser prorated amount, according to our spreadsheet dates. Starting 2015 and after, everyone will pay the full amount at the first of the year. We will try to email all of you the amount to expect.

\*New members joining after January will pay a prorated amount for the rest of the year.

## Why Celebrate Girls’ Night Out in the Village?

### EVENT AGENDA

- 5:30 Registration/Exhibits/Appetizers/Cash  
p.m. Bar in the Historical Building Atrium
- 6:00 Welcome - Carma Herring, John  
p.m. Stoddard Cancer Center
- Physician Comments - Dr. Andrew Nish and Dr. Robert Isaak
- Patient Story - Paulette Schultz - Lung Cancer Survivor
- 6:30 Closing Comments - Carma Herring  
p.m.
- 6:30-  
8:30 Shopping and dining in the East Village  
p.m.

- The first 500 registrants will receive a special gift!
- Information about cancer and the latest treatment options
- More than 25 East Village businesses will be participating [back to top](#)

### Guest, Dues, and Attendee Policy

Guests may attend two meetings in a 12-month period at the member rate of \$25. Any additional programs attended during that period will be \$35. Membership annual dues (\$40 by check or paypal) cover the year of 2014 (January thru December). Reservations made but not attended will be expected to pay the dinner fee.

# STEERING COMMITTEE MEETING

September 2014

## Metro Women's Network - Steering Committee Meeting Minutes September 4, 2014

The MWN Steering Committee meeting was held at Janet Seeberger's residence. The meeting was called to order at 6:24 p.m.

**Present:** Lois O'Donnell, Barb Hawbaker, Janet Seeberger, Becky Patton-Quigley (via phone), Connie Blodgett, Lara Utter, and Casey Polk

**Absent:** Roxanne Morrow and Sus Sweitzer

**Treasurer's report:** Not available

### Programs update:

September - will coincide with "Girls Night Out" on Thursday, September 18<sup>th</sup>. On-Line registration is required at the GNO website. 300 half-sheet, color flyers regarding Metro Women's Network are being printed for this event and will be at the registration table. Steering Committee members will wear their name badges and be available to speak to those interested in MWN. All MWN members will meet at the registration table as well.

October - Woman of the Year meeting at Sam and Gabe's. The restaurant will donate a gift card for the event.

December - In the planning stages - social event, canvas painting. This event may be held at the Chicken Coop in West Des Moines. Casey and Lara are inquiring about other venues.

**Publicity:** Lois will submit our Woman of the Year to the local papers, our website, and Facebook prior to the October meeting.

**Old Business:** Plans were finalized for the September meeting at Girls' Night out in the Village. The steering committee will be present at the registration table and meet up with MWN members before going on to the shops in East Village.

### New Business:

**Woman of the Year:** There were 3 nominees for Woman of the Year. The winner will be announced in the October correspondence. The steering committee will order the plaque and flowers for the event.

**Charity of the Year:** We will have forms at our October meeting for members to vote on their favorite charity or offer ideas for additional ones. The Charity will be decided by the majority of votes and announced prior to our December holiday social, where members can participate with donations if they wish.

**Next Steering Committee Meeting:** October 2 (email meeting, TBD)

**Meeting adjourned:** 8:00 pm

Thank you, Janet, for hosting the meeting and a delicious meal!



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# MEMBER AD-VANTAGE

September 2014


**Members:** Submit your ad or announcement to [admin@mwniowa.org](mailto:admin@mwniowa.org) by the first Thursday of each month.

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