

HOLIDAY SOCIAL - CHARITY DRIVE: THURSDAY, DEC. 2

By Design

1490 86th Street, Clive
Owned by member Bonita Clark

Agenda

5:30 - Social hour
6:00 - Dinner

Menu

By [Country Club Market](#) Chef Terrie Kohl:

- Crisp fall apple, toasted walnut, feta and romaine salad with cider vin
- Tuscan chicken spiedini with amigio sauce
- Maple bacon-wrapped pork with rosemary cherry sauce

- Oven-roasted herbed root vegetables
- Apple, walnut, maple bread pudding with brandy butter

RSVP by Friday, Nov. 26 via [Evite](#) or to rsvp@mwniowa.org (indicate your entree choice, guest names and guest entree choices).

Early bird incentive: RSVP by Wednesday, Nov. 24 for a chance to win a free dinner at the next meeting!

Free-will donations will be collected for our [2011 Charity of the Year](#) (to be announced).

Member fee: \$25

2010 WOMAN OF THE YEAR

Metro Women's Network celebrated its 2010 Woman of the Year, **Kathy Leggett**, director of the Blank Children's Hospital Center for Advocacy and Outreach, Oct. 21 at Nick's Bar and Grill.

In addition to her work with Blank Children's Hospital, Kathy serves on the board of the Cystic Fibrosis Foundation, where she leads fundraising efforts. She was recently named an Iowa Hospital Hero by the Iowa Hospital Association for her tireless efforts during the last 13 years to help Iowa's children.

Kathy was a driving force behind recent seatbelt laws and texting-while-driving legislation. In her nomination letter, Erin Luft-Wiskus wrote, "Kathy loves her job and is passionate about ensuring our smallest population is the safest!"

Kathy spoke about her career in advocacy, life with her daughters, and the opportunity we each have to make a difference in our community. She welcomes others to join in her fight. See more photos on Page 2!



President Becky Patton-Quigley presents the Woman of the Year award to Kathy Leggett.

GUEST POLICY

Invite and encourage your guests to join MWN today! Guests may attend two meetings in a 12-month period at the member rate of \$25. Any additional programs attended during that period will be \$35.

Annual dues cover a period of 12 months from your sign-up/renewal date. Make new friends and build a strong professional network!



LETTER FROM THE PRESIDENT

November brings us Thanksgiving – with the reminder to be thankful for all the things that bless us. Sometimes those things are possessions – a roof over our heads, a meal on the table, clothes on our back, and a reliable vehicle for transportation. Those are tangible things that we see every day but sometimes forget to recognize as a blessing.

Most of us count our blessings by our loved ones – both friends and family – who surround us. Let’s also not forget to be thankful for good health.

Until we witness those who do NOT have these basic blessings, we don’t always realize how lucky we are! I am definitely blessed and want to be able to share my blessings with those that are less fortunate. I want to remind everyone that we have the opportunity to do just that. Please nominate your favorite cause for our annual charity event (our December Holiday Social).

[Click here to submit your nomination!](#) The steering committee will review, present for a vote, and read the winning nomination at the December Holiday Social.

I feel blessed that we have such an awesome networking group! The steering committee this year has been phenomenal! I want to remind everyone that you have an opportunity to join the steering committee for 2011. You can let any steering committee member know of your personal interest in a position, or you can nominate someone that you believe will be an asset to this group. [Contact us today!](#)

I look forward to seeing everyone Dec. 2 at By Design with our own chef Terrie Kohl preparing a fabulous meal!

I pray that everyone enjoys the bounty of the season and can share the holidays with friends and family!

Sincerely,

Becky Patton-Quigley

2010 WOMAN OF THE YEAR PHOTOS



Senator Staci Appel (left, above) was one of four who nominated Kathy Leggett (right) for an Iowa Hospital Heroes award.

STEERING COMMITTEE MINUTES

The steering committee met Nov. 4 at Gateway Market. Becky Patton-Quigley, Melissa Read, Connie Blodgett, Didi Loynachan, Janet Seeberger Casey Polk and Pamela Henkel attended.

President Becky Patton-Quigley called the meeting to order at 5:32 p.m.

Secretary

The October meeting minutes were approved.

Treasurer

The bank balance is \$1,884.17; the report was approved.

Programs

Connie Blodgett reported on upcoming programs:

- Dec. 2: Holiday social with catering by Terrie Kohl at By Design. Beer and boxed wine will be provided; members may bring other beverages.
- Jan. 20: Annual membership meeting at Glen Oaks Country Club, with Rowena Crosby, Tero International owner and 2009 Woman Business of the Year winner. Giveaways and other details for the meeting were discussed.

Newsletter/Web Site

- The Web site, social media platforms and community calendars have been updated; the December Evite will go out soon. Newsletter to follow.
- Distribution lists will be updated after the membership spreadsheet is updated. Pamela will work with Michelle; Janet offered to help.

Old Business

The new name badge ribbons for new members and steering committee members looked good at the October meeting, all opportunity grants have been paid, and the networking table should be continued each month. Members need to be encouraged to volunteer or nominate others for the 2011 steering committee. A list of the positions will be published in the November/December newsletter.

New Business

None.

Next meeting: The next steering committee meeting will be at 5:30 p.m. Jan. 6 at Gateway Market, 2002 Woodland Ave., Des Moines.

The meeting adjourned at 6:12 p.m.

Submitted by Secretary Didi Loynachan.

Annual Dues

Thank you to all members who have renewed their annual dues! If you have not renewed and your dues are set to expire soon, we'll send you a link to renew online - or you may pay cash/check at a meeting or by mail (no cash).

2010 Steering Committee

President: Becky Patton-Quigley

Past President: Mindi O'Kane

Vice President: Melissa Read

Treasurer: Michelle Engler

Secretary: Didi Loynachan

Programs: Sherri Johnson, Connie Blodgett

Publicity: Pamela Henkel

Membership Directory: Lori Trout

At-Large: Casey Polk, Janet Seeberger, Dr. Lindsey Calvert

SERVE ON THE 2011 STEERING COMMITTEE

Do you have special gifts or talents you'd like to share with Metro Women's Network? Would you like to gain leadership experience? Have a burning desire to shape the future of our organization? Want to get to know MWN members better and make new friends? **Serve on the 2011 steering committee!**

Check out the opportunities below; volunteer for a committee today or nominate yourself or another candidate for an officer's position (listed in the left column below) at the annual meeting. Questions? Contact admin@mwniowa.org.

President

The president presides over all meetings, including meetings of the steering committee, serves as an ex-officio member of all committees, and executes the duties generally attendant upon this position.

Vice President

The vice president chairs the membership committee and presides in the absence of the president.

Secretary

The secretary notifies steering committee members, and those who also request notification, of all steering committee meetings at least seven days in advance; notifies all members on the annual meeting at least 30 days in advance; records steering committee meeting minutes; and performs other duties as assigned by the president or steering committee.

Treasurer

The treasurer collect dues, deposit the monies of MWN in a financial institution in metropolitan Des Moines, and keeps a record of all monies collected, deposited and disbursed. The treasurer reports the financial condition to the steering committee as called upon by the president and prepares an annual budget.

At-large Representatives

At-large representatives assist committees as needed and serve as membership liaisons.

Membership Committee

The membership committee actively recruits members, promotes membership retention and participation in MWN, and performs other duties as assigned by the president or steering committee.

Programs Committee

The programs committee coordinates monthly programming events to fulfill the objectives of MWN, including speakers, venues and related duties.

Directory Committee

The directory committee compiles and distributes the membership directory to members in good standing. This committee shall maintain an updated list of members. Members and guests are prohibited from using the directory for direct solicitation of other members for the purpose of selling products, services, etc., through telephone, e-mail or other modes of contact for their own personal or professional gain or advancement.

Publicity Committee

The publicity chair (formerly Newsletter/Web Editor), with the help of committee volunteers, coordinates and publishes the MWN newsletter, maintains mwniowa.org and social networking accounts (Facebook, Linked In and Twitter), manages online event postings/community calendars, and generally promotes MWN missions.

2011 CHARITY OF THE YEAR

Which organization is nearest and dearest to your heart? It's time to select our 2011 Charity of the Year! We'll gather donations for that charity at our annual holiday social (Dec. 2 at By Design) and continue to support that charity's missions and activities throughout 2011. [Click here to nominate a worthy organization by Wednesday, Nov. 24.](#)

DO YOU KNOW...SUSAN TABER?

Susan was a member of MWN in the late 90s and recently rejoined.

Where were you born and raised?

Des Moines (graduated from high school in Cedar Rapids).

Tell us about your family.

Alex, 30, is studying accounting at DMACC and works for the Des Moines Public Schools; Ben, 28, works for UPS; Ted, 25, works for IBM; and Stacy, 19, is a sophomore at Georgetown University in Washington, D.C. We have six cats: George, Jenna, Joey, Cassie, Hershey and Nala.



Please describe your current occupation.

Self-employed accountant bookkeeping for small businesses since 1995.

What are your hobbies/personal interests?

Reading, watching movies and DVDs, traveling, scrapbooking, and hosting family events.

Have you read a good book or seen a good movie lately?

“Inception” was good mind-bender, and I like romantic comedies. I read a variety of fiction and non-fiction; my favorite authors are Alexander McCall Smith and Janet Evanovich.

What are you most proud of?

My marriage and children.

Tell us something none of us would know about you.

I played bagpipes in college.

What is your favorite thing to do in the area?

Try new restaurants, see movies, go to festivals, and walk around Gray’s Lake.

What do you enjoy most about MWN?

The people I meet, programs, and food.

See Susan at mwniowa.org/doyouknow!



SAVE THE DATE

Events Calendar

Jan. 20: Annual Membership Drive

Glen Oaks Country Club
1401 Glen Oaks Drive, West Des Moines
With **Rowena Crosby**, *Tero International* owner and 2009 *Woman Business of the Year* winner

Feb. 17: Site to be determined, with a presentation on self-defense and a new children’s “boot camp.”

Door Prizes

[Contact us](#) if you’d like to sponsor/donate a door prize for an upcoming meeting. Promote your business or other worthy cause!

Networking Table

Don’t forget your business cards/brochures to share with members and guests at our monthly meetings - we’ll set up a table where everyone can place their information, highlighting one business with a brief speech before the scheduled program.

Members: Submit your ad or announcement to admin@mwniowa.org by the first Thursday of each month.

COUNTRY CLUB MARKET

CUSTOMIZED CATERING, BAKERY & CULINARY ARTS CLASSES

Chef Terrie Kohl, Instructor/Owner/Chef

Now scheduling private classes, Thanksgiving dinners and Christmas parties - it's not too early!
Gift certificates available.

Eating in is the new dining out!

Demonstration classes include meal, recipes, instruction, bottled water and a snack (BYOB).

November Class Menu

Company Coming? – Nov. 29

Red Cherry Merlot Sauced Pan-fried Chicken
Vermont White Cheddar Soup
Cranberry Pear Swirl Cake with Whipped Cream
(Register by Nov. 26)

Eat in Tonight – Nov. 30

Italian Chicken Spiedini with Amigio Sauce
Cranberry Almond Green Salad
Butternut Squash Sage Risotto
(Register by Nov. 27)

Harvest Bakery

Fresh baked just for you!

Cranberry Orange White Chocolate Scones 16 small \$11.95, 8 large \$15.95	Carrot Cake with Cream Cheese Frosting \$28.95
Cranberry Nut Bread \$8.95	Old-fashioned Apple Pie with Dried Cranberries \$10.95
Pumpkin Spiced Bread with Raisins and Glazed Walnuts \$9.45	Apple Walnut Maple Bread Pudding with Brandy Butter \$18.95
Apple Walnut Sour Cream Bread \$8.95	Praline Pumpkin Cheesecake \$26.95
Pumpkin Cream Cheese Swirl Bread \$8.95	Pumpkin Cheesecake with Sour Cream Glaze \$26.95
Maple Walnut Coffeecake \$8.95	Spiced Ginger Cookies, \$8.99/dozen
Cranberry Pear Swirl Cake \$10.95	Frosted Sugar Cookies, \$14.95/baker's dozen
Gingerbread Raisin Cake with Bourbon Butterscotch Sauce \$12.95	Focaccia Round, \$3.99

Local 6% sales tax applies. Special requests welcome; order by Nov. 17 for pick up Nov. 22-24.

Demonstration classes begin promptly at 6 p.m., ending between 8 and 9 p.m. Arrive at 5:50 p.m.

Classes start at \$45 per person paid in advance (\$25 return check fee).

Cancel at least 72 hours in advance (7 days for groups of 3+) to transfer or refund payment.

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Heather Soener	Nov. 17
Lori Trout	Nov. 29
Carol Calvert	Dec. 14
Michelle Patrick	Dec. 17
Connie Blodgett	Dec. 28