

The Network News

A newsletter for the members of Metro Women's Network

September 2007

September Meeting Thursday, Sept. 20th

Where: Bravo! Cucina Italiana
120 S. Jordan Creek Parkway
West Des Moines 515-225-0660

Agenda:

- 5:30 - social hour begins
- 6:00 - dinner served
- 6:45-7:00- business as needed (voting, changes)
- 7:00 - Program meeting guest speaker begins
- 7:45 - Program meeting adjourns
- 7:45-8:30 - Business meeting

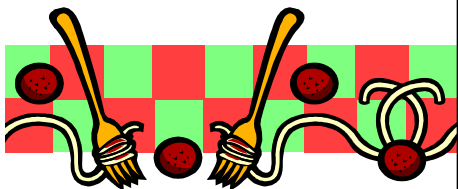
Price: \$25 for all attendees

Menu: Choice of :

Chicken Griglia - Grilled chicken breast with lemon caper butter sauce, served with Tuscan mashed potatoes and pan roasted green beans.

Spaghetini Bolognese - Pasta tossed in our signature Bolognese meat sauce. Both meals are served with a chopped salad and fresh bread.

Dessert - Tiramisu



**Please RSVP by Monday
September 17th at noon to
rsvp@mwniowa.org**

Back to School = Time to get Educated



Our speaker for the September meeting is Julie Hibben, the Director of Education and Outreach Services for Planned Parenthood of Greater Iowa in Des Moines, Iowa. Presently she manages sexuality education and adolescent pregnancy prevention programs as well as family planning outreach services at PPGI. She has extensive experience with research-based prevention education and youth development and has worked in the prevention field for over nine years. Throughout her career she has managed programs focusing on child abuse prevention, substance abuse prevention, and tobacco prevention and cessation. She is a

Certified Prevention Specialist with the state of Iowa and holds a Master's Degree in Social Work from the University of Iowa. She currently resides in Ankeny, Iowa.

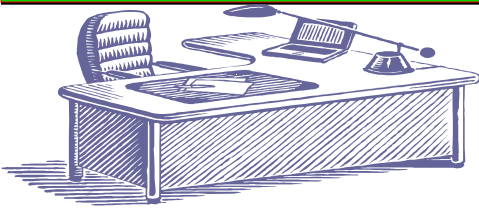
Make sure you have questions ready for Julie about the Education and Outreach Services that she provides to Iowans. What a rewarding job to have and to share with the community. Don't forget to check out the website at www.plannedparenthood.org/greater-iowa/

Upcoming Events

October 18th - **Woman of the Year at Fire Creek Grill**

December 6th - **Holiday Party at Café DiScata**

January 17th - **Membership Drive at WDM Marriott**
With speaker Juli Hale / Senior Home Economist with Better Homes and Gardens / Meredith Corporation



From Our President's Desk

Hello everyone!

So soon the summer is through and fall is approaching, school is back in session, fall fashion is in the stores and the leaves are starting to turn. The smells of Autumn are already in the air with crisp apples, squash, pumpkins and "comfort food" in the crockpot.

September is also known for:

September begins on the same day of the week as December every year.

September's flower is the aster or morning glory.

September is Library Card Sign-Up Month.

September's birthstone is the sapphire.

September is Gynecologic Cancer Awareness Month

In 1752, the British Empire adopted the Gregorian calendar. In the British Empire that year, September 2 was immediately followed by September 14.

On Usenet, it is said that September 1993 never ended.

September in the Northern Hemisphere is the seasonal equivalent to March in the Southern Hemisphere and vice versa.

World War II started on September 1, 1939 with Adolf Hitler's invasion of Poland. It ended on September 2, 1945 with Japan's formal surrender.

Caligula (Roman Emperor) attempted to rename September **Germanicus** after his father.

September is also the name of a female Swedish singer, author of the dance hit song "Satellites".

We are thrilled to have an education speaker from Planned Parenthood of Central Iowa for this month's program meeting. This was a suggestion by our membership at one of the first program meetings this year. See Sharon Feely's introduction to our speaker in this newsletter.

I would like to remind everyone the the Susan Komen **Race for the Cure** is just around the corner. To register go to <http://www.desmoinesraceforthecure.org/>

I am looking forward to seeing all my MWN friends for the September meeting and the food looks wonderful too! Please sure to RSVP and bring a friend, co-worker or anyone wishing to make friends and network as well as for a great night out.

Question for the Program Meeting:

What was the best, most fun thing you did on your summer vacation?

Barbara Livingston
President

More from Barb on Page 4

Metro Women's Network Woman of the Year

**To be announced at the
September 2007 Program meeting!!!**



Do You Know? Sharon Feeley

I have lots of stories I could tell about Sharon Feeley, but you know the old adage, "what goes around comes around" so I'm staying silent!! . I will say though that if any of you do know Sharon at all , I'm sure you'll agree- she lives her life like she does her cocktails!! (willing to try anything new and the more variety the better!) Sharon's humor comes through so much better in her own words so I'm not even touching this up!!

Enjoy getting to know our own Sharon Feeley!

At Principal for 25 years, she worked with pension plans for 25+years and just recently transferred to Principal Trust Company this year.

Married to Jeff for 21 years. Nearly divorced after I 'adopted' stray cat number 4. Luckily we're back to 3 cats (although I tried to steal member Nancy Johnson's brand new kitty last night).

Had my mid-life crisis at age 33 when, during the same year, became a certified SCUBA diver and swam amongst the barracuda and also did a tandem skydive (we won't discuss the broken ankle). And bought a new car without telling the husband until I asked him to sign the paperwork as co-owner. Now I live more safely and just do a lot of fun stuff with my family of great girlfriends. Adult beverages seem to make their way into our celebrations quite often. I've recently taken up yoga, which makes one more flexible and allows one to drink adult beverages from entirely new positions (according to Karen Lund)!!!

I just finished an 18 month, 3 sale stint as co-chair of the Planned Parenthood Book Sale. Several MWN members volunteer at the sale – boy do I appreciate it! See PPGI.org, Book Sale to see the amazing photo gallery showing the massive amount of books we processed and sold! We raised over \$379,000 during 2006 that will be used strictly for the Planned Parenthood of greater Iowa Education and Resource Center. The Center provides age-appropriate and research-based programs in reproductive health, human development and sexuality education for youth and adults in a variety of settings. They provide these services to schools, youth groups, juvenile centers, and anyone else who requests educational information. The whole goal is to educate appropriately to *avoid* the need for other services that PPGI offers. And now that my 18 months are over – wooo hoooo!! – watch out patio bars!!!



Happy Birthday to You!

Jane Latchem 8/13

Charlene Butz 8/19

Sherri Johnson 8/22

Michelle Donels 9/9

Laurie Briggs-Leeper 9/10

Susan Taber 9/15

Teri Rumley 9/25



MWN Officers — 2007

President:	Barb Livingston, 276-9645
Vice President:	Mindi O'Kane,
Secretary/Newsletter:	Michelle Patrick, 987-0197
Treasurer:	Karen Lund, 967-3656
Programs:	Lisa Springer
At-Large:	Meg Husen
	All Members
Past President:	Melissa Read, 277-7499

**The Happenings
See You in September**

I'll be alone each and every night
While you're away, don't forget to write

Bye-bye, so long, farewell
Bye-bye, so long

See you in September
See you when the summer's through
Here we are (bye, baby, goodbye)
Saying goodbye at the station (bye, baby, goodbye)
Summer vacation (bye, baby bye, baby)
Is taking you away (bye, baby, goodbye)

Have a good time but remember
There is danger in the summer moon above
Will I see you in September
Or lose you to a summer love
(counting the days 'til I'll be with you)
(counting the hours and the minutes, too)

Bye, baby, goodbye
Bye, baby, goodbye
Bye, baby, goodbye (bye-bye, so long, farewell)
Bye, baby, goodbye (bye-bye, so long)

Have a good time but remember
There is danger in the summer moon above
Will I see you in September
Or lose you to a summer love
(I'll be alone each and every night)
(While you're away, don't forget to write)

See you (bye-bye, so long, farewell)
In September (bye-bye, so long, farewell)
I'm hopin' I'll
See you (bye-bye, so long, farewell)
In September (bye-bye, so long, farewell)
Well, maybe I'll
See you (bye-bye, so long, farewell)
In September (bye-bye, so long, farewell)

