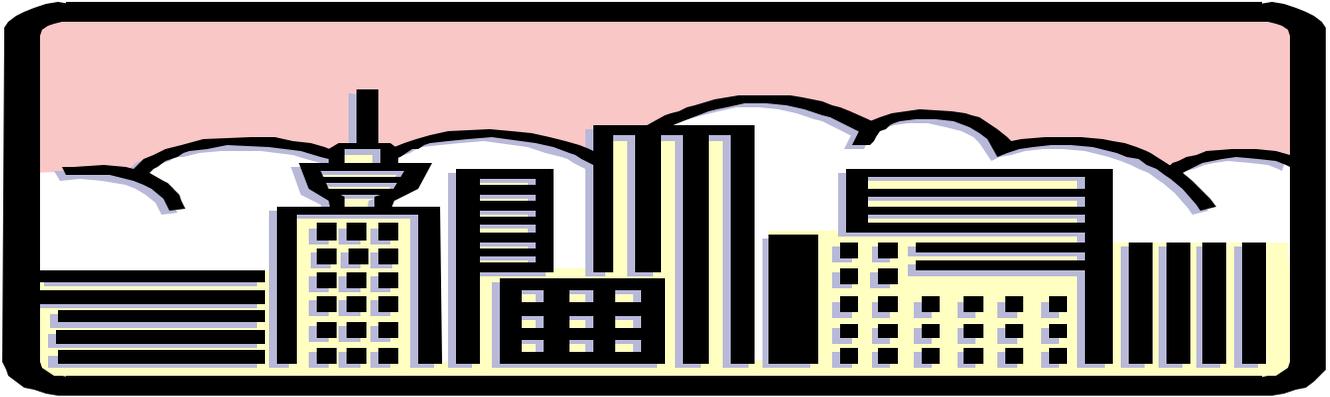


# The Network News



A newsletter for the members of Metro Women's Network

April 2005

## Thursday, April 21

**Where:** Jesse's Embers  
4810 86th Street  
Johnston  
Phone 251-7175

**Agenda:** Social Time: 5:30 p.m.  
Dinner: 6:00 p.m.  
Program: 7:00 p.m.

**Menu: Choice of entrees:**  
London Broil with Baked Potato  
or  
Asiago Chicken Penne Pasta  
Both served with tossed salad, rolls  
Dessert: Amaretto Cheesecake

**Price:** \$20 for members;  
\$25 for Non-Members

**Reservations:** Make reservations by  
**Monday, April 18 with Karen  
Lund**

[lund.karen@principal.com](mailto:lund.karen@principal.com)  
or call 248-8761

Member / Guest

### Reservation Policy:

If you reserve a dinner for yourself or a guest, please make every effort to attend. PLEASE PROVIDE YOUR GUEST'S MAILING AND EMAIL ADDRESS WHEN CALLING OR EMAILING YOUR RESERVATION.

Remember, because the restaurants charge MWN for each reserved dinner, **members are held responsible for the cost of the dinner(s) reserved, whether or not they attend.**

## Chrysalis Foundation

### A New Spirit of Activism for Women

When Des Moines philanthropist Louise Noun established the Chrysalis Foundation in 1989, she and other Des Moines women demonstrated their commitment to change. Initially focusing on the unanswered needs of women and girls, Chrysalis provided scholarships, emergency funds, and conference sponsorships to community organizations addressing quality of life for the women and girls of Greater Des Moines.

Today sixteen years later, Chrysalis is implementing a powerful new agenda. Focused on ensuring resources for women and girls to thrive, develop, and take charge of their own futures, the Chrysalis Foundation has started a new spirit of activism with those who are impacted by the resources Chrysalis provides, and with those whose support has made this critical work possible.

Over the years, Chrysalis has grown dramatically. It is the leading charity in central Iowa dedicated to funding community organizations in their work to expand opportunities and resources for women and girls. Chrysalis had provided over \$2.4 million in support of programs impacting women and girls, including over \$760,000 toward its signature project, the After-School Program for Middle School Girls, created in 1998. Chrysalis also established an endowment to assure the foundation's long-term future.

The leadership of Chrysalis is also demonstrated by its activities to bring women together: it established its popular quarterly luncheons, Insights from the Women of Des Moines, bi-monthly Coffee With Chrysalis gatherings, Connect With Chrysalis after-hours events (new in 2004!), annual receptions for women legislators, guest philanthropy events, and presentations from nationally-recognized women of achievement.

Our speaker Terry Hernandez served as the original full-time executive director from 1997 to 2000 and returned to the position in early 2004. Her career includes positions as director of marketing and public relations for Iowa Lutheran Hospital and the YMCA of Greater Des Moines, and co-founder of Iowa Women in Public Policy. She holds a BA in Management and Marketing from Iowa State University

To learn more about Chrysalis go to [www.chrysalisfdn.org](http://www.chrysalisfdn.org)