

# The Network News



A newsletter for the members of Metro Women's Network

March 2005

## Thursday, March 17

**Where: Hyperion Club**

7390 NW Beaver Drive

Johnston

Phone 278-4711

**Agenda:** Social Time: 5:30 p.m.

Dinner: 6:00 p.m.

Program: 7:00 p.m.

**Menu: Choice of entrees:**

Pecan crusted Salmon Fillet

or

Baked Chicken Lasagna

Served with Tossed Salad,

Potato (with salmon only),

Seasonal Vegetables and Rolls

Dessert is Chocolate Mousse

**Price:** \$20 for members;

\$25 for Non-Membērs

**Reservations:** Make reservations by

**Monday, March 14 with Karen**

**Lund**

[lund.karen@principal.com](mailto:lund.karen@principal.com)

or call 248-8761

Member / Guest

Reservation Policy:

If you reserve a dinner for yourself or a guest, please make every effort to attend. PLEASE PROVIDE YOUR GUEST'S MAILING AND EMAIL ADDRESS WHEN CALLING OR EMAILING YOUR RESERVATION.

Remember, because the restaurants charge MWN for each reserved dinner, **members are held responsible for the cost of the dinner(s) reserved, whether or not they attend.**

## Explore the Wow in Downtown

Thanks to Kerty Levy, president of the Downtown Community Alliance, members of Metro Women's Network will learn about the exciting changes in downtown Des Moines. The March 17 meeting at the Hyperion Club will introduce members to the Downtown Community Alliance, an affiliate of the Greater Des Moines Partnership

The mission of this non-profit organization is to achieve a shared vision for the future of downtown Des Moines by providing leadership, initiative and advocacy, building partnerships and achieving shared solutions.

Kerty became president of the Downtown Community Alliance in July 2004, after a six-month contract with the DCA as a consultant on the Riverpoint West Project. Her obvious passion about Downtown shines through her development and revitalization efforts and in her commitment to making the Downtown a better place to live, work and play.

Our March speaker received her Bachelor's degree at the University of California, Davis. Later she attended Harvard Business School, where she earned her MBA. While working toward her MBA, she became a consultant with the Boston Consulting Group and continued to work with the group upon completion of her degree.

Kerty and her husband Frank reside in Des Moines with their two daughters, Katherine and Mia. In her free time, she enjoys rowing on the Des Moines Women's Crew Team, running and a numerous other activities that a full-time executive, mother of two has time to enjoy.

## Don't miss out Mark Your Calendar Now

When	Where	What
March 17	Hyperion Field Club	Kerty Levy (Downtown DSM)
April 21	Jesse's Embers	Terry Hernandez (Chrysalis Foundation)
May 19	ArtHouse Valley West Mall	Christine Doolittle Art Buyer for ArtHouse
June 16	Greenbrier	Cindy Graves (travel tips)

Ask another MWN member about what we learned!

## 2005 Woman of the Year Tells All

Dr. Patricia (Patty) Quinlisk was honored as the Metro Women's Network 2005 Woman of the Year dinner in February for her personal and professional contributions to the metro area in her role at the Iowa Department of Public Health.

As medical director and state epidemiologist, her task is to keep the people of Iowa safe from epidemic diseases or even bio-terrorists acts. MWN members and guests listened in complete fascination to Patty's account of the sense of immediacy, the hours worked, and the expense the department undertook to stop measles from being re-introduced to Iowa. Patty walked us through a recent Iowa measles outbreak investigation that was a real eye opener to the world of public health. She also discussed an infection outbreak from a wedding and how important vaccinations are both in this county and world-wide.

Not only were a few were eager to go out and get those flu shots and updating out Tetanus vaccines after hearing Patty speak, she left us with some conclusions to ponder:

- ?? *Leave angry animals alone.*
- ?? *Be vaccinated and stay vaccinated*
- ?? *Don't go to funerals if you're vomiting*
- ?? *Don't worry about a little bit of dirt -- it might be good for you.*
- ?? *Avoid "giant African" anything.*

Metro Women's Network could not have chosen a more deserving woman for this honor. Her resume of degrees



MWN Woman of the year Dr. Patty Quinlisk, state epidemiologist at left, and Judy Goddard, nurse epidemiologist with the Iowa Department of Public Health.

and accomplishments is extensive and impressive. It includes training as a clinical microbiologist, training microbiologists while a Peace Corps Volunteer in Nepal, a Masters of Public Health from Johns Hopkins, a medical degree from the University of Wisconsin, and training as a field epidemiologist in the Centers for Disease Control and Prevention's Epidemic Intelligence Service. Yearly, for the last twelve years, she has conducted week long epidemiologic training courses in Europe, and is a professor at the University of Iowa and Iowa State University, lectures regularly at other educational institutions around the Midwest. She has testified before two Congressional Subcommittees on Public Health aspects of terrorism, and participated on the Institute of Medicine's Committee on Microbial Threats to Health in the 21st Century. Recently she was named to the Board of Scientific Counselors for the National Center for Infectious Diseases, Centers for Disease Control and Prevention.

However little of that background is heard. As Patty herself said when she does her job well, nothing happens.

Patty brought as her guest Judy Goddard, RN who is the nurse epidemiologist with the Iowa Department of Public Health. Judy works with Patty for many long hours on outbreaks and general public health issues in Iowa.

Congratulations Patty and thanks to both you and Judy for attending our meeting and making Iowa and the Des Moines Metro area a better place to live.

**It's one of those times that you just had to be there.**

## Hitch your Wagon to Opportunity

Don't pass up your opportunity for opportunity. Apply today for a Metro Women's opportunity grant. Barb Livingston used her grant to help pay for an out-of state conference: Lois O'Donnell went to a local women's conference. Others have used the grants to cover the cost of books or tuition for college or continuing education, to attend programs, to learn new skills or renew old talents. The opportunities are endless — all it takes is your identifying something that will help you grow.

Metro Women's Network has earmarked \$800 for grants this year. So what is stopping you.? The application is attached. The deadline is April 1. Submit your application to Melissa Read at her home email address, which is: [lissaread@earthlink.net](mailto:lissaread@earthlink.net) before the deadline. The winners will be announced at the April meeting and they'll report on their experiences at the October membership meeting.